



SAVE A LIFE  
**THE RIK BASRA  
 LEUKAEMIA CAMPAIGN**

ਗੁਰਦੁਆਰਾ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਸਾਹਿਬ

Guru Tegh Bahadur Gurdwara

in association with  
**irwinmitchell**<sup>(IM)</sup>  
 solicitors

# HEALTH AWARENESS DAY

This day is  
**FREE** and  
 open to all.

**You are invited to a Health Awareness Day on  
 Sunday 2 December 2012.**

The Rik Basra Leukaemia Campaign in association with Irwin Mitchell Solicitors are hosting a health promotion day to raise awareness of health issues within the community and provide access to charities and organisations who can advise and provide information on a range of health related topics.

On behalf of the Guru Tegh Bahadur Gurdwara, we invite all communities.

You will be able to access free: **Eye Test, Hearing Test, Dental Check Up, Blood Pressure Check** and many more. Please bring your spectacles and GP details with you.

**Venue:**  
 Guru Tegh Bahadur  
 Gurdwara,  
 106 East Park Road,  
 Leicester LE5 4QB  
 0116 274 2453

**Date:**  
 Sunday 2 Dec 2012  
**Time:**  
 10am – 4pm

**"Supporting and servicing your local community"**

